

Please join us for these upcoming events!!!

And please help us get the word out by telling your friends and having them contact us so we can add them to our mailing list. Call **303-320-7652** or register on the internet at **www.ActiveMindsForLife.com**.

Active Minds® thanks Parkplace for their sponsorship support:

Genghis Khan & the Mongolian Empire

Tuesday, November 3, 2009, 10:00 am

Please see the full description for this event below.

Location: Jewish Community Center, 350 S. Dahlia St, Denver, CO 80246

Cost: Free **RSVP:** Lil Shaw: 303-316-6359

Native Americans of Colorado

Tuesday, November 3, 2009, 11:00-noon

Join Active Minds® as we tell the stories of the original inhabitants of Colorado. From Mesa Verde to the high plains, we will trace the civilizations of the Ute, Cheyenne, Arapaho, Pueblo and other tribes

as we seek to understand Colorado's Native American history and legacy. Cost: Free

Location: RiverPointe, 5225 S. Prince St, Littleton, CO 80123 **RSVP:** RiverPointe: 303-797-0600

Genghis Khan & the Mongolian Empire Wed, Nov 4, 2-4 pm (2:00 reception, 2:30 program)
Genghis Khan founded and ruled over the Mongolian Empire, the largest contiguous land empire in the history of the world. Often misunderstood, Genghis Khan was far more than the world's greatest conqueror. *Time* magazine and the *Washington Post* named him "the most important person of the last millennium." Join us as we explore how this illiterate warrior-nomad came to have such a lasting and profound impact on world politics and modern society. [Note: The Denver Museum of Nature and Science is featuring a Genghis Khan exhibit from October 16th, 2009 to January 10th, 2010.]

Location: Garden Plaza of Aurora, 14221 E Evans Ave, Aurora, CO 80014

Cost: Free Directions: From I-225 & lliff, go east 1 block and turn left (north) on S Blackhawk St, take the 3rd right on E Evans Ave and drive to the 2nd main entrance on your left.

RSVP: 303-750-0820

Gold

Saturday, November 7, 2009, 1:00-2:00 pm

Join Active Minds® as we trace the history of gold. We will take you on a journey from ancient civilizations to the 49'er strike at Sutter's Mill. We'll touch on Colorado's own gold rush as well as the role gold has played in the world, from plunderers throughout history to the "gold standard" for money.

Location: Commerce City Library, 7185 Monaco, Commerce City, CO 80022; 303-287-0063 Free

Veterans' Day

Monday, November 9, 2009, 11:00-noon

Join Active Minds® for an in-depth program on the history and importance of VeteransqDay. You are guaranteed to leave with new insights and understanding!

RSVP: RiverPointe: 303-797-0600

Location: RiverPointe, 5225 S. Prince St, Littleton, CO 80123

Cost: Free

Genghis Khan & the Mongolian Empire

Monday, November 9, 2009, 2:30-3:30 pm

Please see the full description for this event above.

Location: Springbrooke, 6800 Leetsdale Drive, Denver, CO 80224

Cost: Free **RSVP:** Springbrooke: 303-331-9963

990 Krameria Street, Denver, CO 80220 • Tel: 303-320-7652 • Fax: 413-375-7652 www.ActiveMindsForLife.com • E-mail: info@ActiveMindsForLife.com

Putin's Russia

Tuesday, November 10, 2009, 12:00 noon - 1:00 pm

On August 8, 2008 a cold war style conflict erupted between Russia and its neighbor Georgia. With the U.S. aligned with Georgia and oil interests in the mix, the dispute focused the attention of the international community. Join us as we take a look at where Russia appears to be heading under the influence of Vladimir Putin. Earlier in 2008, Putin relinquished the Presidency he had held for eight years, as required by the Russian constitution. His hand-picked successor, Dmitry Medvedev promptly named him Prime Minister, setting the stage for a puppet Presidency and the continuation of Putincs hard line politics and centralized control. Sponsored by the Jefferson County RSVP Program.

Location: First Presbyterian Church of Lakewood, 8210 W 10th Ave, Lakewood, CO 80214

Cost: Free For more info: Call Beverly Weinberg at Jeffco RSVP Program: 303-235-6907

Afghanistan

Tuesday, November 10, 2009, 12:30-1:30 pm

In October of 2001, the U.S. led a coalition invasion of Afghanistan seeking to oust the ruling Taliban and find Al Qaeda leaders, including Osama bin Laden. Join Active Minds[®] for a look at the story of Afghanistan, including the establishment of a new government under the leadership of Hamid Karzai. We will also take a look forward at what the future holds for this war-torn country as U.S. troop presence there continues to increase.

Location: Tattered Cover, 2526 E Colfax (2 blocks east of York) **Cost:** Free

Labor in America

Tuesday, November 10, 2009, 7:00-8:00 pm

Join Active Minds[®] as we trace the history of the labor movement in America. We will examine labor's origins as well as key struggles along the way. The rise of powerful unions such as the Teamsters will be covered, as well as the individuals who influenced them. We will end with a look at the relevance of unions today, with a particular focus on recent negotiations in various industries.

Location: Golden Library, 1019 10th St, Golden, CO 80401; 303-235-5275 **Cost:** Free

Indonesia: A Functional Islamic Democracy Thursday, November 12, 2009, 1:30-2:30 pm Earlier this year, Secretary of State Hillary Clinton said of Indonesia, "It's important to listen as well as talk to a country that has demonstrated that Islam, democracy and modernity cannot only coexist, but thrive." Join Active Minds® as we examine what's working in the world's largest Islamic country.

Location: Heritage Club Mountain View, 8101 E Mississippi Ave, Denver, CO 80247

Cost: Free **RSVP**: 303-803-1180

Space Exploration: From Sputnik to Shuttle Saturday, November 14, 2009, 10:00-11:00 am Active Minds® presents a detailed look at the history of space exploration. We begin with Kennedy's challenge to put a man on the moon and end with the Space Shuttle program and a look at what the future holds for space exploration. Cost: Free

Location: Brighton Library, 327 East Bridge St, Brighton, CO 80601; 303-659-2572

Al Qaeda

Monday, November 16, 2009, 6:30-7:30 pm

Join Active Minds[®] for an in-depth look at the Al Qaeda terrorist organization. We will discuss the historical origins of the group and how it has evolved and changed over time. The role of Osama Bin Ladin and other leaders will be explained. We will also unravel the complex organizational structure and describe how Al Qaeda operates and how its functioning has been impacted by the war on terror. We will end with an assessment of our safety now versus the days immediately following 9/11.

Tues, Nov 17, 11:00 am -12:00 noon (10:45 refreshments) **Sudan and the Darfur Crisis** Join Active Minds® for a discussion of the genocidal crisis in the Darfur region of Sudan and the separate, but related, decades old Sudanese civil war. We will examine the origins and current status of the conflicts, including the role of colonialism, tribal ethnicity and religion. We will also look at the international response, or lack thereof, and the prospects for peace in the region. This event is sponsored by Parkplace and Mile High Physical Therapy. Cost: Free

Location: Temple Emanuel, 51 Grape, Denver, CO 80220 RSVP: Jodi: 303-388-4013 x307

Indonesia: A Functional Islamic Democracy Tuesday, November 17, 2009, 1:00-2:00 pm Earlier this year, Secretary of State Hillary Clinton said of Indonesia, "It's important to listen as well as talk to a country that has demonstrated that Islam, democracy and modernity cannot only coexist, but thrive." Join Active Minds[®] as we examine what's working in the world's largest Islamic country.

Location: The Village at Hampden Town Center, 3601 S Dallas St. Aurora, CO 80014

Cost: Free **RSVP**: 303-750-5400

Tues, November 17, 2009, 2:00-4:00 (2:00 reception, 2:30 program) The History of Colorado Come learn the stories of Colorado History. You will learn about the competing claims to Colorado dating back to the Native Americans who originally lived here. We will cover the 15 year struggle to become the 38th state as well as the role of mining and oil in the evolution of the state. Bring your favorite Colorado stories to share!

Location: Heritage Club at Greenwood Village, 6450 S Boston St, Greenwood Village, CO 80111

RSVP: 303-224-9455 Cost: Free

Inventions that Changed the World

Tuesday, November 17, 2009, 2:00-3:00 pm Human beings often invent by learning from nature and famous inventions frequently have as much to do with chance as they do with intelligence and curiosity. Join Active Minds® as we tell the fascinating stories of inventions and inventors that changed the world. This class will cover the invention of the telephone, penicillin, velcro, and Braille. Cost: Free

Location: Thornton Library, 8992 Washington, Thornton, CO 80229; 303-287-2514

Chocolate Friday, November 20, 2009, 1:00-3:00 pm (1:00 reception, 1:30 program) The story of chocolate is a "rich" tale indeed. It involves aristocracy and slavery, innovation and coincidence. Pivotal roles were played by both Christopher Columbus and Hernando Cortéz. Join Active Minds® describe how extremely bitter cacao beans are transformed into one of the world's most sought after flavors and tell chocolate stories such as the rise the luxury chocolate industry in Switzerland and the origins of the Hershey company. Chocolate will be served! Cost: Free **Location:** Lakewood Meridian, 1805 S Balsam, Lakewood, CO 80232 **RSVP:** 303-980-5500

China's Human Rights Struggle

Saturday, November 21, 2009, 11:00-noon Over 20 years ago, Chinas human rights issues were showcased to the world by the Tiananmen Square Massacre. Modern China continues to struggle with the balance between authoritarian government and basic human rights. Join us for a look at the ways in which Chinese society is restricted as we peer through the lens of American freedoms we sometimes take for granted. Location: Northglenn Library, 10530 Huron St, Northglenn, CO 80234; 303-452-7534 Cost: Free

Indonesia: A Functional Islamic Democracy Tuesday, November 24, 2009, 1:30-2:30 pm Please see the full description for this event above.

Location: Cranbrook Senior Living, 5565 S Yosemite St, Greenwood Village, CO 80111

Cost: Free **RSVP:** 303-327-7340 (Limited seating. Call for availability.)

Genghis Khan & the Mongolian Empire

Tuesday, November 24, 2009, 5:30-6:30 pm

Please see the full description for this event on page 1.

Location: Tattered Cover, 2526 E Colfax (2 blocks east of York)

Cost: Free

Japan

Wednesday, November 25, 2009, 10:00 am

From imperialist empire to economic power, Japan has a complicated and fascinating history. Join Active Minds[®] as we trace the evolution of the modern Japanese state from its ancient roots to the present. We will cover the impact of Japan's involvement in World War II as well as their economic recession in the 1990's.

Cost: Free RSVP: 303-762-2660

Location: Malley Senior Center, 3380 S Lincoln St, Englewood, CO 80110

Misc: If parking in the lot, get pass from inside center

North Korea

Tuesday, December 1, 2009, 10:00 am

Join Active Minds[®] for a discussion of the history of North Korea and the development of the North Korean nuclear program. We will cover the successes and shortcomings of diplomatic efforts between North Korea, the United States and other countries. North Koreas place in the world relative to global issues such as international trade and human rights issues will also be addressed as well as their current leadership issues.

Cost: Free RSVP: Lil Shaw: 303-316-6359

Location: Jewish Community Center, 350 S. Dahlia St, Denver, CO 80246

Space Exploration: From Sputnik to Shuttle

Thursday, December 3, 2009, 1:30-2:30 pm

Active Minds® presents a detailed look at the history of space exploration. We begin with Kennedy's challenge to put a man on the moon and end with the Space Shuttle program and a look at what the future holds for space exploration.

Cost: Free RSVP: 303-803-1180

Location: Heritage Club Mountain View, 8101 E Mississippi Ave, Denver, CO 80247

The History of Denver

Tuesday, December 8, 2009, 12:00 noon – 1:00 pm

Come learn the stories of the Mile High City. You will learn how our city was founded and the roles played by James Denver, Robert Speer, Ben Stapleton, and others. We will cover the booms and the busts and the story of why the 1976 Winter Olympics were not held here. Bring your favorite Denver trivia to share! Sponsored by the Jefferson County RSVP Program.

Location: First Presbyterian Church of Lakewood, 8210 W 10th Ave, Lakewood, CO 80214 **Cost:** Free **For more info:** Call Beverly Weinberg at Jeffco RSVP Program: 303-235-6907

Coffee: A Brief History

Tuesday, December 8, 2009, 12:30-1:30 pm

Join us as we trace the history of coffee from its origins in Ethiopia to the Starbucks around the corner. It is a fascinating story of politics, power, chance and intrigue. We will also examine coffee's cultural influences as well as the differences between various types of coffee. Cream and sugar not included.

Location: Tattered Cover, 9315 Dorchester St, Highlands Ranch, CO 80129 (call 303-470-7050 for directions)

Benjamin Franklin

Wednesday, December 9, 2009, 3:00-4:00 pm

As perhaps one of the most colorful Founding Fathers, Benjamin Franklin lived a life of lasting impact. As politician, publisher, inventor and diplomat, Franklin left his mark on all he touched. Join Active Minds® as we trace the life of this extraordinary man and tell some of the stories that mark his legacy.

Location: RiverPointe, 5225 S. Prince St, Littleton, CO 80123

Cost: Free RSVP: RiverPointe: 303-797-0600

Franklin Delano Roosevelt

Monday, December 14, 2009, 2:30-3:30 pm

Reflecting on Roosevelt's presidency, his biographer commented that FDR "brought the United States through the Great Depression and World War II to a prosperous future. He lifted himself from a wheelchair to lift the nation from its knees." Join Active Minds[®] as we look at the life and leadership of one of our nation's most admired presidents and examine how his legacy is currently viewed (for better or worse) through the lens of our recent challenges. **RSVP:** Springbrooke: 303-331-9963 **Location:** Springbrooke, 6800 Leetsdale Drive, Denver, CO 80224 **Cost:** Free

Cuba: Past, Present & Future

Tues, Dec 15, 2009, 11:00 am - noon (10:45 refreshments)

Less than 100 miles from the United States, Cuba remains a mystery to many in the U.S. Join Active Minds® for a past, present and future look at our communist neighbor to the south. We will cover Castrocs revolution, the Bay of Pigs, the Cuban Missile Crisis, Guantánamo Bay and ongoing property disputes. We will also take a look at what the future holds for Cuba after Fidel and Raúl Castro. This program is sponsored by JFS at Home.

Cost: Free

RSVP: Jodi: 303-388-4013 x307

Location: Temple Emanuel, 51 Grape, Denver, CO 80220

Chocolate

Tuesday, December 15, 2009, 5:30-6:30 pm

The story of chocolate is a "rich" tale indeed. It involves aristocracy and slavery, innovation and coincidence. Pivotal roles were played by both Christopher Columbus and Hernando Cortéz. We will describe how extremely bitter cacao beans are transformed into one of the world's most sought after flavors and tell chocolate stories such as the rise the luxury chocolate industry in Switzerland and the origins of the Hershey company.

Cost: Free

Location: Tattered Cover, 2526 E Colfax (2 blocks east of York)

Coffee: A Brief History

Wednesday, December 23, 2009, 10:00 am

Join us as we trace the history of coffee from its origins in Ethiopia to the Starbucks around the corner. It is a fascinating story of politics, power, chance and intrigue. We will also examine coffee's cultural influences as well as the differences between various types of coffee. Cream and sugar not included.

Location: Malley Senior Center, 3380 S Lincoln St, Englewood, CO 80110

Cost: Free RSVP: 303-762-2660 Misc: If parking in the lot, get pass from inside center

The Pine Beetle Infestation

Monday, January 4, 2010, 7:00-8:00 pm

The current Mountain Pine Beetle infestation has affected over 2 million acres of Colorado forestland. The infestation is being called "catastrophic" with predictions that "every large, mature lodgepole pine forest in Colorado and southern Wyoming will be dead within three to five years." Join Active Minds® as we explore the science of this situation as well as the potential options to address the devastation.

Location: Koelbel Library, 5955 S Holly St, Littleton, CO 80121

Cost: Free RSVP: 303-LIBRARY or 303-542-7279 or www.arapahoelibraries.org

Japan

Tuesday, January 12, 2010, 12:00 noon – 1:00 pm

From imperialist empire to economic power, Japan has a complicated and fascinating history. Join Active Minds[®] as we trace the evolution of the modern Japanese state from its ancient roots to the present. We will cover the impact of Japan's involvement in World War II as well as their economic recession in the 1990's. Sponsored by the Jefferson County RSVP Program.

Location: First Presbyterian Church of Lakewood, 8210 W 10th Ave, Lakewood, CO 80214

Cost: Free For more info: Call Beverly Weinberg at Jeffco RSVP Program: 303-235-6907

Cowboys: Stories & Legends

Tuesday, January 12, 2010, 12:30-1:30 pm

Join us for the story of the American Cowboy. We'd round up a few good fireside stories and lasso a tale or two as we seek to understand the culture and contribution of this most American phenomenon.

Location: Tattered Cover, 2526 E Colfax (2 blocks east of York)

Franklin Delano Roosevelt

Wednesday, January 13, 2010, 3:00-4:00 pm Reflecting on Roosevelt's presidency, his biographer commented that FDR "brought the United States through the Great Depression and World War II to a prosperous future. He lifted himself from a wheelchair to lift the nation from its knees." Join Active Minds® as we look at the life and leadership of one of our nation's most admired presidents and examine how his legacy is currently viewed (for better or worse) through the lens of our recent challenges. **RSVP:** RiverPointe: 303-797-0600 **Location:** RiverPointe, 5225 S. Prince St, Littleton, CO 80123 Cost: Free

Tues, Jan 19, 2010, 11:00 am -12:00 noon (10:45 refreshments) The History of Colorado Come learn the stories of Colorado History. You will learn about the competing claims to Colorado dating back to the Native Americans who originally lived here. We will cover the 15 year struggle to become the 38th state as well as the role of mining and oil in the evolution of the state. This program **RSVP:** Jodi: 303-388-4013 x307 is sponsored by Holly Creek Retirement Community.

Location: Temple Emanuel, 51 Grape, Denver, CO 80220 Cost: Free

The Challenges of Mexico

Tuesday, January 26, 2010, 5:30-6:30 pm Join Active Minds[®] for an in-depth look at Mexico from their perspective. We will cover Mexican history and recent events as we seek to understand how this country fits in the regional puzzle of North, Central and South America. We will examine key issues in Mexican relations with the U.S. such as violence associated with drug trafficking, trade agreements and immigration.

Location: Tattered Cover, 2526 E Colfax (2 blocks east of York) Cost: Free